

Week One

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup	Lentil	Leek & Potato (V)	Scotch Broth	Chicken & Rice	Cook's Choice
MAIN MEAL					
Option One	Traditional Haggis, Neeps and Tatties	Scottish Steak Casserole with New Potatoes	Classic Breaded Fish and Chips	Scottish Roast Pork with Apple Sauce and Baby Potatoes	Chicken Curry with Rice
Option Two	Chinese Special Fried Rice	Chicken and Prawn Paella	Two Bean Spicy Hotpot	Homemade Beefburger in a Bun with Side Salad and potato wedges	Butchers Choice Beef Links with Onion Gravy and Mashed Potatoes
Option Three	Creamy Macaroni Cheese (V)	Homemade Meat Feast Pizza with Mixed Salad	Cheesy Pasta with Leeks (V)	Lentil and Sweet Potato Korma with Brown Rice (V)	Cheese and Tomato Bruschetta (V)
Vegetables or Salad	Seasonal Vegetable, Turnip, Mixed Salad	Seasonal Vegetable, Carrots, Mixed Salad	Seasonal Vegetable, Sweetcorn, Mixed Salad	Seasonal Vegetable, Broccoli, Mixed Salad	Seasonal Vegetable, Cabbage, Mixed Salad
Dessert	Homemade Chocolate & Pear Sponge with Custard	Seasonal Fruit Tartlet	Ice Cream with Fruit, or Jelly with Fruit	Homemade Fruit Crumble with Custard	Cup Cake Friday
Drinks	Chilled Water, Scottish Milk, Banana/Strawberry Milk, Fruit Juice	Chilled Water, Scottish Milk, Banana/Strawberry Milk, Fruit Juice	Chilled Water, Scottish Milk, Banana/Strawberry Milk, Fruit Juice	Chilled Water, Scottish Milk, Banana/Strawberry Milk, Fruit Juice	Chilled Water, Scottish Milk, Banana/Strawberry Milk, Fruit Juice
Extras	A selection of freshly made sandwiches, baguettes and rolls. Baked Potatoes, choice of fillings. Fresh Salad Pots, Yoghurts, Fresh Fruits, Homebaking.	A selection of freshly made sandwiches, baguettes and rolls. Baked Potatoes, choice of fillings. Fresh Salad Pots, Yoghurts, Fresh Fruits, Homebaking.	A selection of freshly made sandwiches, baguettes and rolls. Baked Potatoes, choice of fillings. Fresh Salad Pots, Yoghurts, Fresh Fruits, Homebaking.	A selection of freshly made sandwiches, baguettes and rolls. Baked Potatoes, choice of fillings. Fresh Salad Pots, Yoghurts, Fresh Fruits, Homebaking.	A selection of freshly made sandwiches, baguettes and rolls. Baked Potatoes, choice of fillings. Fresh Salad Pots, Yoghurts, Fresh Fruits, Homebaking.

All soup is homemade | Wednesday is non meat day

Week Two

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup	Potato	Lentil	Cream of Vegetable (V)	Tomato (V)	Scotch Broth
MAIN MEAL					
Option One	Traditional Mince and Creamy Mashed Potatoes	Classic Breaded Fish and Chips	Italian Spaghetti Bolognese with Garlic Bread	Scottish Steak Pie with Baby Potatoes	Traditional Indian Chicken Tikka with Boiled Rice
Option Two	Chicken Risotto	Penne Pasta with Tomato and Basil Sauce (V)	Chicken Fajitas with Potato Wedges	Smoked Mackerel Salad with Boiled New Potatoes	Meat Loaf with Boiled New Potatoes
Option Three	Vegetarian Cheddar Cheese Wrap with Salad (V)	Everyone's Favourite Cheesy Bean Baked Potato (V)	Hot and Spicy Indian Rice (V)	Creamy Macaroni Cheese (V)	Vegetable Chow Mein (V)
Vegetables or Salad	Seasonal Vegetable, Carrots, Mixed Salad	Seasonal Vegetable, Peas, Mixed Salad	Seasonal Vegetable, Sweetcorn, Mixed Salad	Seasonal Vegetable, Mixed Veg, Mixed Salad	Seasonal Vegetable, Green Beans, Mixed Salad
Dessert	Homemade Chocolate Fudge Tart with Custard	Homemade Carrot Cake with Custard	Strawberry Mousse	Homemade Swiss Roll with Custard	Iced Lemon Sponge with Custard
Drinks	Chilled Water, Scottish Milk, Banana/Strawberry Milk, Fruit Juice	Chilled Water, Scottish Milk, Banana/Strawberry Milk, Fruit Juice	Chilled Water, Scottish Milk, Banana/Strawberry Milk, Fruit Juice	Chilled Water, Scottish Milk, Banana/Strawberry Milk, Fruit Juice	Chilled Water, Scottish Milk, Banana/Strawberry Milk, Fruit Juice
Extras	A selection of freshly made sandwiches, baguettes and rolls. Baked Potatoes, choice of fillings. Fresh Salad Pots, Yoghurts, Fresh Fruits, Homebaking.	A selection of freshly made sandwiches, baguettes and rolls. Baked Potatoes, choice of fillings. Fresh Salad Pots, Yoghurts, Fresh Fruits, Homebaking.	A selection of freshly made sandwiches, baguettes and rolls. Baked Potatoes, choice of fillings. Fresh Salad Pots, Yoghurts, Fresh Fruits, Homebaking.	A selection of freshly made sandwiches, baguettes and rolls. Baked Potatoes, choice of fillings. Fresh Salad Pots, Yoghurts, Fresh Fruits, Homebaking.	A selection of freshly made sandwiches, baguettes and rolls. Baked Potatoes, choice of fillings. Fresh Salad Pots, Yoghurts, Fresh Fruits, Homebaking.

All soup is homemade | Tuesday is non meat day

Week Three

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup	Lentil	Chicken Noodle	Leek and Potato	Vegetable (V)	Tomato and Lentil
MAIN MEAL					
Option One	Butchers Choice Pork Links with Mashed Potato	Beef Lasagne with Garlic Bread	Scottish Roast Beef with Ayrshire Pudding and Mashed Potato	Classic Breaded Fish and Chips	Homemade Turkey Burger in a Bun with Salad
Option Two	Homemade Chilli Con Carne and Brown Rice	Homemade Cheese and Tomato Pizza with Side Salad (V)	Barbeque Cajun Chicken and Rice	Creamy Macaroni Cheese (V)	Paprika Meatballs and Pasta Twirls
Option Three	Chinese Stir Fried Vegetable Noodles (V)	Mild Potato and Quorn Curry with Nann Bread (V)	Homemade Roast Pepper Quiche with Potato Wedges and Salad	Oven Roasted Vegetable Couscous (V)	Sweet and Sour Vegetables with Boiled Rice (V)
Vegetables or Salad	Seasonal Vegetable, Turnip, Mixed Salad	Seasonal Vegetable, Mixed Veg, Mixed Salad	Seasonal Vegetable, Carrot & Cauliflower, Mixed Salad	Seasonal Vegetable, Beetroot, Mixed Salad	Seasonal Vegetable, Peas, Mixed Salad
Dessert	Marble Sponge with Custard	Homemade Fruit Gâteau with Custard	Ice Cream with Fruit or Creamed Rice with Fruit	Homemade Syrup Sponge with Custard	Caramel Tartlet with Custard
Drinks	Chilled Water, Scottish Milk, Banana/Strawberry Milk, Fruit Juice	Chilled Water, Scottish Milk, Banana/Strawberry Milk, Fruit Juice	Chilled Water, Scottish Milk, Banana/Strawberry Milk, Fruit Juice	Chilled Water, Scottish Milk, Banana/Strawberry Milk, Fruit Juice	Chilled Water, Scottish Milk, Banana/Strawberry Milk, Fruit Juice
Extras	A selection of freshly made sandwiches, baguettes and rolls. Baked Potatoes, choice of fillings. Fresh Salad Pots, Yoghurts, Fresh Fruits, Homebaking.	A selection of freshly made sandwiches, baguettes and rolls. Baked Potatoes, choice of fillings. Fresh Salad Pots, Yoghurts, Fresh Fruits, Homebaking.	A selection of freshly made sandwiches, baguettes and rolls. Baked Potatoes, choice of fillings. Fresh Salad Pots, Yoghurts, Fresh Fruits, Homebaking.	A selection of freshly made sandwiches, baguettes and rolls. Baked Potatoes, choice of fillings. Fresh Salad Pots, Yoghurts, Fresh Fruits, Homebaking.	A selection of freshly made sandwiches, baguettes and rolls. Baked Potatoes, choice of fillings. Fresh Salad Pots, Yoghurts, Fresh Fruits, Homebaking.

All soup is homemade | Thursday is non meat day

Week Four

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup	Potato	Carrot and Coriander (V)	Lentil	Tomato and Lentil	Green Pea
MAIN MEAL					
Option One	Spicy Pork Goulash with Brown Rice	Traditional Scottish Mince Pie with Mashed Potato	Chicken Casserole with Mashed Potato	Grilled Salmon with Boiled New Potatoes	Classic Breaded Fish and Chips
Option Two	Creamy Macaroni Cheese (V)	Sticky Chicken with Noodles	Sausage Pasta Twists with Garlic Bread	Chicken Rogan Josh with Boiled Rice	Homemade Marguerita Pizza with Mixed Salad
Option Three	Smoky BBQ Vegetables with Pitta Bread and Salad (V)	Vegetable Filled Ayrshire Pudding with Cheese and Broccoli Bake (V)	Oven Baked Jacket Potato with Cheese and Beans (V)	Homemade Vegetable Lasagne with Garlic Bread (V)	Butternut Squash and Chickpea Curry with Boiled Rice (V)
Vegetables or Salad	Seasonal Vegetable, Green Beans, Mixed Salad	Seasonal Vegetable, Peas, Mixed Salad	Seasonal Vegetable, Broccoli, Mixed Salad	Seasonal Vegetable, Turnip, Mixed Salad	Seasonal Vegetable, Carrots, Mixed Salad
Dessert	Chocolate Swiss Roll with Custard	Homemade Scottish Fruit Shortcake with Custard	Homemade Sticky Toffee Pudding with Custard	Seasonal Fruit Cheesecake	Ice Cream and Fruit
Drinks	Chilled Water, Scottish Milk, Banana/Strawberry Milk, Fruit Juice	Chilled Water, Scottish Milk, Banana/Strawberry Milk, Fruit Juice	Chilled Water, Scottish Milk, Banana/Strawberry Milk, Fruit Juice	Chilled Water, Scottish Milk, Banana/Strawberry Milk, Fruit Juice	Chilled Water, Scottish Milk, Banana/Strawberry Milk, Fruit Juice
Extras	A selection of freshly made sandwiches, baguettes and rolls. Baked Potatoes, choice of fillings. Fresh Salad Pots, Yoghurts, Fresh Fruits, Homebaking.	A selection of freshly made sandwiches, baguettes and rolls. Baked Potatoes, choice of fillings. Fresh Salad Pots, Yoghurts, Fresh Fruits, Homebaking.	A selection of freshly made sandwiches, baguettes and rolls. Baked Potatoes, choice of fillings. Fresh Salad Pots, Yoghurts, Fresh Fruits, Homebaking.	A selection of freshly made sandwiches, baguettes and rolls. Baked Potatoes, choice of fillings. Fresh Salad Pots, Yoghurts, Fresh Fruits, Homebaking.	A selection of freshly made sandwiches, baguettes and rolls. Baked Potatoes, choice of fillings. Fresh Salad Pots, Yoghurts, Fresh Fruits, Homebaking.

All soup is homemade | Friday is non meat day

Price List

Standard two course meal	£1.85	Soup	£0.50
Main meal	£1.35	Dessert	£0.50
Baked potato	£1.35	Homebaking (from)	£0.45
Packed Lunch	£1.40	Yogurt	£0.45
Taster Pot	£1.40	Drinks (from)	£0.50
Deli Choice	£1.30	Milk (from)	£0.30
Sandwich / Roll	£1.30	Veggie pot	£0.30
Salad Bowl	£1.30	Fresh Fruit (from)	£0.35

This document is also available, on request, in braille, large print or recorded on to tape, and can be translated into Chinese, Punjabi, Urdu, Gaelic and Polish.

Ma tha sibh airson fiosrachadh fhaighinn ann an cànan sam bith eile, cuiribh brath thugainnaig an t-seòladh a leanas.

آگر آپ یہ معلومات کسی اور زبان میں چاہتے ہیں تو براہ کرم ہماری نیچے دیے گئے پتے پر ہم سے رابطہ کریں۔

閣下如需要這份資料的其他語言版本，請透過以下的地址與我們聯絡。

ਜੇਕਰ ਤੁਹਾਨੂੰ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਭਾਸ਼ਾ ਵਿਚ
ਚਾਹੀਦੀ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰ ਹੇਠ ਦਿੱਤੇ ਗਏ ਪਤੇ ਤੇ
ਸੰਪਰਕ ਕਰੋ ।

Dokument dost pny jest również w alfabecie Braille'a, w wersji z powi kszonym drukiem lub w formie nagrania d wi kowego na kasecie. Na yczenie oferujemy tak e tłumaczenie dokumentu na wybrany j zyk.



East Ayrshire
council

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