

the diner menu

Try
our



Scottish dishes
every Wednesday

WEEK 1



| Choices/Day | Monday | Tuesday | Wednesday | Thursday | Friday |
|-------------------------------|---|---|---|---|--|
| Soup | CARROT & LENTIL | LEEK & POTATO (V) | SCOTCH BROTH | COOKS CHOICE (V) | CHICKEN & RICE |
| Main Meal Option 1 | SPAGHETTI BOLOGNESE WITH GARLIC BREAD | CLASSIC FISH & CHIPS | STEAK PIE WITH BOILED BABY POTATOES | ROAST BEEF WITH YORKSHIRE PUDDING & BABY JACKET POTATOES | PORK SAUSAGE & CREAMY MASH |
| Option 2 | CHICKEN GINGER STIR FRY WITH RICE | CREAMY MACARONI CHEESE (V) | THAI GREEN CURRY | PIZZA WITH HAM & PINEAPPLE OR MARGARITA OR MEAT FEAST | CHICKEN & TOMATO & BASIL PASTA |
| Option 3 | VEGETARIAN SHEPHERDS PIE (V) | QUORN TIKKA MASALA & BROWN RICE (V) | POTATO AND LEEK BAKE (V) | STIR FRY VEGETABLES & NOODLES (V) | ROASTED VEGETABLE QUICHE WITH POTATO WEDGES (V) |
| Vegetables | GREEN BEANS | PEAS | SLICED CARROTS | CABBAGE | ROASTED VEGETABLES |
| Or Salad | MIXED SALAD | MIXED SALAD | MIXED SALAD | MIXED SALAD | MIXED SALAD |
| Desserts | CHOCOLATE & PEAR SPONGE WITH CUSTARD | RASPBERRY CREAM | GINGERBREAD SPONGE | APPLE TART OR RHUBARB TART | ICE CREAM & FRUIT |

3 Fillings of baked potatoes are provided on daily basis. Types of baked potato fillings: Tuna Mayo, Chicken Tikka, Scotch Chicken (sweet and sour), Savoury Cheese, Quorn, Coleslaw. Some main meal options can be used as a filling option. Ask catering staff for more information.

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WEEK 2



| Choices/Day | Monday | Tuesday | Wednesday | Thursday | Friday |
|-------------------------------|--|---|--|--|---|
| Soup | CARROT & POTATO (V) | MINISTRONE | PEA & HAM | COOKS CHOICE | CREAM OF CHICKEN |
| Main Meal Option 1 | GRILLED GAMMON STEAK WITH BABY BOILED POTATOES | SPICY CHICKEN DRUMSTICKS & WEDGES | HAGGIS | CLASSIC FISH & CHIPS | BRAISED STEAK WITH MASHED POTATO |
| Option 2 | BEEF CURRY WITH MIXED RICE | SHEPHERDS PIE | CHICKEN & VEGETABLE PASTA AMATRICE PASTA | CHICKEN RISOTTO | GRILLED SALMON WITH MASHED POTATO |
| Option 3 | ROASTED MEDITERRANEAN VEGETABLE COUSCOUS OR PITA POCKETS (V) | VEGETABLE CURRY & RICE (V) | QUORN CHILLI WITH TORTILLA CHIPS (V) | ROASTED PEPPER & VEGETABLE PASTA | MACARONI CHEESE (V) |
| Vegetables | BROCCOLI | CARROTS | MASHED NEEPS | MUSHY PEA'S | MIXED VEGETABLES |
| Or Salad | MIXED SALAD | MIXED SALAD | MIXED SALAD | MIXED SALAD | MIXED SALAD |
| Desserts | PEAR OR APPLE & SUMMER FRUITS CRUMBLE & CUSTARD | CARROT CAKE | SCOTCH PANCAKES WITH FRUIT | FRESH FRUIT SALAD AND CREAM | ICED LEMON SPONGE |

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WEEK 3



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|---------------------------|------------------------------|-----------------------------------|---|--|---|
| Soup | CHUNKY VEGETABLE (V) | COOKS CHOICE | COCK A LEEKIE | CHICKEN NOODLE | CREAM OF BROCCOLI (V) |
| Main Meal Option 1 | BEEF HOT POT | LASAGNE WITH GARLIC BREAD | CHICKEN/BEEF FAJITAS SALAD & CRUSTY BREAD | PORK STEAKS WITH RED ONION & BERRY GRAVY WITH BABY JACKET POTATOES | CLASSIC FISH & CHIPS |
| Option 2 | CHICKEN CHOW MEIN | CHILLI TACOS & SALAD | MACKEREL FISH CAKES | CHICKEN ROGAN JOSH | TURKEY AND HAM PIE WITH CHIPS OR POTATOES |
| Option 3 | VEGETABLE GOULASH & RICE (V) | CAULIFLOWER & BROCCOLI MORNAY (V) | CREAMY MACARONI CHEESE (V) | VEGETABLE FILLED YORKSHIRE PUDDING (V) | RED PEPPER & TOMATO PASTA (V) |
| Vegetables | CABBAGE | MINI COBS | BROCCOLI | MIXED VEG | GREEN BEANS |
| Or Salad | MIXED SALAD | MIXED SALAD | MIXED SALAD | MIXED SALAD | MIXED SALAD |
| Desserts | STRAWBERRY MOUSSE | STICKY TOFFEE PUDDING | CRANACHAN | EVE'S PUDDING & CUSTARD | KEY LIME PIE |

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WEEK 4



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| Soup | COOKS CHOICE | LENTIL (V) | POTATO SOUP (V) | CREAM OF VEGETABLE (V) | TOMATO SOUP (V) |
| Main Meal Option 1 | CHICKEN CASSEROLE & BABY JACKET POTATOES | ROAST PORK WITH APPLE SAUCE & MASHED POTATOES | BEEF BURGER/ PORK AND APPLE BURGER IN A BUN WITH SALAD | MEATBALLS IN TOMATO SAUCE & POTATOES | CLASSIC FISH & CHIPS |
| Option 2 | MOROCCAN LAMB WITH COUS COUS OR NANN BREAD | SEA FOOD RISOTTO | MINCE AND TATTIES | CHICKEN PIRIE PIRIE & RICE | BEEF IN BLACK BEAN SAUCE AND RICE |
| Option 3 | CREAMY MACARONI CHEESE (V) | CURRIED VEGETABLE PASTY (V) | CAULIFLOWER MEXICAN STYLE (V) | FRENCH BREAD PIZZA & SALAD (V) | MIXED BEAN HOTPOT (V) |
| Vegetables | BROCCOLI AND CAULIFLOWER | BABY CARROTS | CABBAGE | VEG MEDLEY | PEAS AND SWEET CORN |
| Or Salad | MIXED SALAD | MIXED SALAD | MIXED SALAD | MIXED SALAD | MIXED SALAD |
| Desserts | CHOCOLATE FUDGE TART & CUSTARD | FRUIT CRUNCH | SEASONAL FRUIT SHORTCAKE | SWISS ROLL & CUSTARD | JELLY & FRUIT OR RICE AND FRUIT |

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